SNAP

Supplemental Nutrition Assistance Program

Food assistance to fill your cart.
It's simple and quick.

To apply for benefits go to Department of Workforce Services at jobs.utah.gov/mycase

You may also apply at an employment center, or we can mail an application to you, however you may lose benefits due to mailing delays.

- No verifications are needed to file an application.

- You may be eligible for expedited service receiving SNAP within seven calendar days.

- Identity is the only verification you need if you are eligible for expedited SNAP.

You may turn in an incomplete application as long as it has your name, address and signature. However, the entire application must be completed in order for your eligibility for SNAP to be determined.

For more information, call 1-800-453-FOOD (2561) or visit UAH.org

UTAHNS AGAINST HUNGER

SNAP
Supplemental
Nutrition
Assistance
Program

Use this calculator to see if you might be eligible, or visit our website at: uah.org/get-help/calculator

Are you eligible for SNAP?

Household size	130% of Federal Poverty Limit October 2021
1	$1,396
2	$1,888
3	$2,379
4	$2,871
5	$3,363
6	$3,855

+Add $492 for each additional family member

This institution is an equal opportunity provider.

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Get SNAP Fast!

You may be eligible for expedited SNAP benefits receiving SNAP within 7 calendar days.

Expedited SNAP benefits are a faster way to get your first month of SNAP benefits. You may be eligible for expedited SNAP if:

- You have $150 or less in monthly gross income and $100 or less in liquid assets (money in your account)
- Your shelter costs are higher than your combined gross monthly income and cash/savings
- You are a migrant household with $100 or less in cash and savings

Identity is the only verification needed if you are eligible for expedited SNAP.

What to expect when applying for SNAP

- Provide as much information in the application to reduce the amount of information needed during the interview process.

- **ONLINE APPLICATIONS** Once submitted, you will be redirected to verification page with information on how to contact Eligibility Services for an interview. Interviews are on-demand and need to be completed within 30 calendar days. We recommend calling within 7 days of applying. Offices are open Monday - Friday from 8:00 a.m. - 5:00 p.m. Interviews are 30 minutes, on average.

- **PAPER APPLICATIONS** DWS will send a letter detailing how to do an interview.

- DWS will send a letter requesting information on any verification(s) they will need to determine your eligibility.

Questions about the application process?
Contact Utahns Against Hunger at 801-328-2561 or visit UAH.org